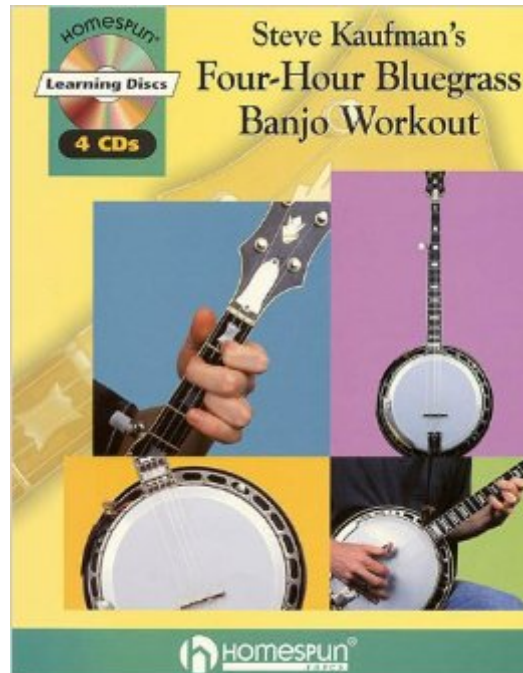


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# Steve Kaufman's Four-Hour Bluegrass Banjo Workout



## Synopsis

(Homespun Tapes). Here is a foolproof system for banjo pickers that will help build stamina, power and confidence. Steve Kaufman and Bennie Boling play through 49 classic bluegrass tunes slowly, then up to speed so players at all levels can play along. With the rhythm on one channel and the solo banjo on the other, these CDs make for an invaluable practice tool for players at all levels.

FOUR CDs \* INCLUDES CHORDS TAB BOOK \* LEVEL ALL

## Book Information

Plastic Comb: 29 pages

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Product Dimensions: 8.5 x 0.4 x 11 inches

Shipping Weight: 1.4 pounds (View shipping rates and policies)

Average Customer Review: 4.8 out of 5 stars [See all reviews](#) (4 customer reviews)

Best Sellers Rank: #475,273 in Books (See Top 100 in Books) #46 in [Books > Arts & Photography > Music > Songbooks > Guitars & Fretted Instruments > Banjos](#) #83 in [Books > Arts & Photography > Music > Instruments > Strings > Banjos](#) #3574 in [Books > Arts & Photography > Music > Theory, Composition & Performance > Instruction & Study](#)

## Customer Reviews

I am an early intermediate banjo picker. The problem with my practice is that I only had myself...no other players (guitar/mando/etc) to jam with. My teacher recommended this set and boy, did it make a difference. The songs are all well known bluegrass standards that every banjo player needs to know. The CDs are the greatest, but there are limitations. Each song has two versions - 1/2 speed and full speed. 1/2 speed is a little too slow, and full speed is a little too fast. I remedied this by importing all 4 CDs to my iPad and installing an application that allows you to slow down songs without affecting pitch (I use Capo, but there are several). I found that in learning the songs it is best for me to load the full speed version and then back it down to a little over 3/4 speed of that...perfect for my level. Also, be aware that most of the songs are outside of open G tuning, so you will need a capo and a 5th string capo/spikes to be able to play in tune with the songs on the CDs. Overall, this is the best method I have found for my advancement with the banjo...simply an awesome experience for my practice sessions.

This is a great book (and CD) for learning some older fiddle tunes in the melodic style. Straight forward arrangements and half speed and full speed recordings. Lots of basic "melodic" style playing is featured, as well as some good Scruggs style bluegrass tunes. My only complaint would be that they feature some tunes in the key of "D", and they are recorded in "D", however, the arrangements are for the "G" position and they say to capo at the 7th fret. 7th fret!? I've never done that, not does my banjo have spikes that high up the neck. They should have just done them in "A" or something. Still a great book with quick easy arrangements.

Very good selection of tunes so that you can practice about as long as you want without getting bored. Good quality recordings.

Chock full with 49 songs, this book is a treasure trove of bluegrass and fiddle tunes that incorporates Scruggs', melodic and single string styles of playing, capo usage (some a bit higher than I would normally go) and alternate tunings. To bring these pieces up to speed as heard on the accompanying CDs, one definitely has to develop good technique and good timing. Will keep the banjo enthusiast busy for several years. Well worth the price paid.

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